



# Enjoy a Healthy School Meal this Winter

## How to Order: Online [www.kingswoodcatering.co.uk](http://www.kingswoodcatering.co.uk)

You have until Wednesday at midnight to order for the next week – just register, log on, order and pay – simple.

Please note there is a 10p administration fee for using this service.

If you are not able to order via the internet please give our office a call on 01536 201203 between 9am and 2.30pm so that we can arrange an alternative ordering method for you. Children entitled to Free Meals can make a choice and order online

**The price of a school dinner is £2.30 per day or £11.50 per week.**

**Special Offer:** 3 children for the price of 2 on full weeks. Please ring our office 01536 201203 for details

**Orders for the start of the term can be placed up to midnight on Wednesday of the week before the children are due to have meals. Unfortunately if you miss the order cut-off date we are unable to accept late orders.**

**If you have any difficulties ordering online please contact our office and we will try to help.**

We will do everything possible to provide the menu published, although occasionally there may be unforeseen circumstances which might result in a change to the menu without any notification. Drinking water and plain wholemeal bread is available daily. Some products may contain small bones. We do not use nuts in any of our recipes and our production kitchens are nut free, however we cannot guarantee that all the products purchased from our manufacturers have been made in a nut free environment. All fish products are from a sustainable source. Please see 'more information' on our website menus for allergen information.

**Cancellation – if your child is not in school we are not able to offer a meal credit unless we have been informed by midnight the day before.**

**Please contact our Office on 01536 201203 or email: [enquiries@kingswoodcatering.co.uk](mailto:enquiries@kingswoodcatering.co.uk)**



### CHRISTMAS DINNER

We will be serving a traditional Christmas Dinner in your child's school between 11th December and 20th December 2017. Please see our website for the date this is available in your child's school. During this period there may be days where a limited menu or no options are available due to activities and events within school or the school kitchen.



### Weeks commencing:

30/10/2017    20/11/2017  
11/12/2017    08/01/2018  
29/01/2018

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Choose one of the following delicious meals

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>1 Main Meal</b>	<i>New</i> Sausage Slice in a Bun Hash Browns Baked Beans	Beef Bolognaise Pasta Mixed Vegetables	<i>New</i> Lamb Kofta with BBQ Dip Rice Sweetcorn	Roast Beef Slice and Yorkshire Pudding Gravy Roast Potatoes Diced Fresh Carrots	<i>New</i> Harry Ramsden's Salmon and Sweet Potato Fishcake Chips Garden Peas
<b>2 Vegetarian Alternative</b>	<i>New</i> Quorn Frankfurter in a Roll Hash Browns Baked Beans	Minced Quorn Bolognaise Pasta Mixed Vegetables	<i>New</i> Butternut Squash Samosa with BBQ Dip Rice Sweetcorn	Roast Quorn Fillet in Vegetable Gravy Roast Potatoes Diced Fresh Carrots	Plain Omelette Chips Garden Peas
<b>3 Picnic Lunch</b>	Tuna Mayonnaise Sandwich	Houghton Ham in a Soft Roll	Houghton Ham Sandwich	<i>New</i> Boxed Dinosaur Cheese Salad	Sliced Cheddar Cheese Wholemeal Sandwich
<b>4 Hot Pot or Salad</b>	<i>New</i> Quorn with Giant Cous Cous and Garden Vegetables	Cheesy Pasta Pot	<i>New</i> Quinoa, Quorn and Vegetable Stir Fry	<i>New</i> Hot Coronation Chicken with Rice	Chicken and Tomato Pasta
<b>5 Jacket Potato</b>	Jacket Potato and Cheese	Jacket Potato and Tuna Mayonnaise	Jacket Potato and Beef Bolognaise	<i>New</i> Jacket Potato with Pork & Carrot Meatballs in Tomato sauce	Jacket Potato and Baked Beans

Every picnic lunch includes fruit from the bowl, snack items and water

<b>Pudding</b>	Mousse Swirl	Melon and Pineapple Platter	Ice Cream with Fruit Salad	Guilborough Biscuit	Iced Carrot Cake
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Weeks commencing:  
 06/11/2017 27/11/2017  
 18/12/2017 15/01/2018  
 05/02/2018

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Choose one of the following delicious meals	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>1 Main Meal</b>	Pork Meatballs with Tomato Sauce Wholemeal Pasta Sweetcorn	Cheese And Tomato Pizza Baked Beans	Chicken Tikka Naan Bread Rice Mixed Vegetables	Roast Turkey Fillet with Gravy Roast Potatoes Diced Carrots	<b>New</b> Harry Ramsden's Fish in Batter Chips Garden Peas
<b>2 Vegetarian Alternative</b>	Quorn Swedish Balls in Tomato Sauce Wholemeal Pasta Sweetcorn	<b>New</b> Baked Sweet Potato with Vegetable Tagine Green Salad	Sweet Potato and Vegetable Tikka Naan Bread Rice Mixed Vegetables	Roast Quorn Fillet in Gravy Roast Potatoes Diced Carrots	Cheese & Pepper Quiche Chips Garden Peas
<b>3 Picnic Lunch</b>	Tuna Mayonnaise Sandwich	Houghton Ham in a Soft Roll	Houghton Ham Sandwich	<b>New</b> Boxed Dinosaur Cheese Salad	Sliced Cheddar Cheese Sandwich
<b>4 Hot Pot or Salad</b>	<b>New</b> Quorn with Giant Cous Cous and Garden Vegetables	Cheesy Pasta Pot	<b>New</b> Quinoa, Quorn and Vegetable Stir Fry	<b>New</b> Hot Coronation Chicken with Rice	Chicken and Tomato Pasta Hotpot
<b>5 Jacket Potato</b>	Jacket Potato and Cheese	Jacket Potato and Tuna Mayonnaise	Jacket Potato and Beef Bolognaise	<b>New</b> Jacket Potato with Pork and Carrot Meatballs Tomato sauce	Jacket Potato and Baked Beans
<i>Every picnic lunch includes fruit from the bowl, snack items and water</i>					
<b> pudding</b>	Frozen Yoghurt	Melon and Pineapple Platter	Chocolate Sponge & Evaporated Milk	Ice Cream with Fruit Salad	Banana Bread



Weeks commencing:  
 13/11/2017 04/12/2017  
 01/01/2018 22/01/2018

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Choose one of the following delicious meals	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>1 Main Meal</b>	Marinated Chicken BBQ Dip Rice Sweetcorn	Sausages Herb Potatoes Baked Beans	<b>New</b> Pulled Beef Ragu Potatoes in Skins Mixed Vegetables	Roast Chicken in Gravy Roast Potatoes Diced Carrots	Ultimate Fish Fingers Chips Garden Peas
<b>2 Vegetarian Alternative</b>	<b>New</b> Vegetable Samosas with a BBQ Dip Rice Sweetcorn	Linda McCartney Sausage Herb Potatoes Baked Beans	Macaroni Cheese Mixed Vegetables	Roast Quorn Fillet in Vegetable Gravy Roast Potatoes Diced Fresh Carrots	Cheese and Tomato Omelette Chips Garden Peas
<b>3 Picnic Lunch</b>	Tuna Mayonnaise Sandwich	Houghton Ham in a Soft Roll	Houghton Ham Sandwich	<b>New</b> Boxed Dinosaur Cheese Salad	Sliced Cheddar Cheese Sandwich
<b>4 Hot Pot or Salad</b>	<b>New</b> Quorn with Giant Cous Cous and Garden Vegetables	Cheesy Pasta Pot	<b>New</b> Quinoa, Quorn and Vegetable Stir Fry	<b>New</b> Hot Coronation Chicken with Rice	Chicken and Tomato Pasta Hotpot
<b>5 Jacket Potato</b>	Jacket Potato and Cheese	Jacket Potato and Tuna Mayonnaise	Jacket Potato and Beef Bolognaise	<b>New</b> Jacket Potato with Pork & Carrot Meatballs Tomato sauce	Jacket Potato and Baked Beans
<i>Every picnic lunch includes fruit from the bowl, snack items and water</i>					
<b> pudding</b>	Blueberry Muffin	Melon and Pineapple Platter	Ice Cream with Fruit Salad	Chocolate Flavoured Cookies	Lemon Drizzle Cake